

WESTFIELD RECREATION DEPARTMENT

2011 Fall - Winter Program Schedule

Recreation Department Office Staff:

M. Bruce Kaufmann - *Director*
Dolores MacKay Kaufmann - *Asst. Director*
Traci Kastner - *Program Coordinator*
Chuck Ropars - *Teen Program Coordinator*
Joanne Colaneri - *Office Secretary*
Rosemarie Degregorio - *Office Clerk*
Paul Checchio - *Pool Technician*

Westfield Recreation Commission:

The Westfield Recreation Commission is made up of 11 members who are all appointed by the mayor. The Commission has a responsibility to determine and formulate policies for the effective management of park and recreation services. It also supports and sets policy for the Recreation Department staff. In addition, it functions as liaison between the Board of Education, the Mayor and Town Council. For Commission dates please see the department's website.

2011 Commission Members: Jim Marvin (*Chairman*), Peter Echausse, Michael Cash, Loren Weinstein, Jeff O'Connor, Tom Ripperger, Gary Fox, William Kelly, Brett Glenn, Kevin Neylan, Larry McDermott

Public Meetings: 1st Monday of the month, 7:30p in the Recreation Department's Conference Room.

3 Easy Ways To Register for Programs:

(1) MAIL-IN

(Download a Registration Form from the Department's Website.)

Westfield Recreation Department
Municipal Building ~ 425 East Broad St. Westfield, NJ 07090

(2) ONLINE

www.WestfieldNJ.Gov/Recreation
Click on ... "Register for Recreation Programs"

(3) WALK-IN

Recreation Department Office
Monday-Friday, 8:30AM through 4:30PM
(Office is closed on all legal holidays)

***Please read carefully any special registration requirements available for each program offered in this brochure.**



CALLING ALL 6th, 7th & 8th GRADERS... & Parents! **"THE NIGHT PLACE"**

The Night Place is a night out for our intermediate school-aged students! The event features an open gym, game room, a movie and a DJ!

2011-2012 DATES

~~9/23, 10/14~~, 11/18, 12/16, 1/20, 2/24, 4/13, 5/18.

Fee: \$5.00 (Payable at the door.) **Location:** Edison Int. School.

Parent volunteers are needed for program success!

To help keep kids off the streets we need your help to make this popular program happen. **Please fill out a registration form or contact the Recreation Dept by phone or by email to register to be a chaperone.**

Volunteers— please note: the Recreation Department needs to be contacted at **LEAST ONE WEEK PRIOR** to the date if you are willing to volunteer. All volunteers are contacted and given specific program details. Thank you in advance for your support. (Obtain registration forms on the dept's website and on EIS/RIS website).

CALLING ALL High School Students! . . .

THE "UNDERGROUND" (a.k.a- The Teen Center)

Did you know that we have a great place for Resident Teens to call their own? Come on down and see what you have been missing! "The Underground" is open on **FRIDAYS** during the school year from **7:00PM to 11:00PM**.* We can offer more hours if needed! Come down and play a game of pool at one of our three pool tables, keep your ping-pong skills in check, play some video games, watch a movie, or listen to your favorite music!

ATTENTION: All WHS Clubs and WHS Sport Teams are welcome to use the center for meetings after school. Contact Chuck Ropars (WHS Staff) if interested.



"The Underground" is located literally, underground, in the basement of the Municipal Building Recreation Center. Contact the Recreation Department for additional information.
Be Active-Be Healthy-Be Underground!

* **Please note:** The Underground is closed during Night Place dates listed.

GOLF CLINICS – Grades 2-9

Under the direction of PGA Teaching Pro, Bill McCluney

Our popular golf programs are for resident children in grades 2-9. Come learn a lifetime sport with a friend! Scotch Hills is a great facility... and it's close by! (Look for our Spring Golf Program!)



WEDNESDAY CLINICS (8-Spots available)

Times: Choose from 3:30-5:00p, OR 5:00-6:30p.

SESSION-#2: Oct. 19, 26, Nov. 2, 9 (Nov 16-rain date). Fee: \$110.

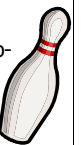
THURSDAY CLINIC (8-Spots available) Time: 5:00-6:30p.

SESSION DATES: Oct. 6, 13, 20, 27 (Nov. 3-rain date). Fee: \$110.

Register through Recreation Department. (Spots are LIMITED).

YOUTH BOWLING LEAGUES

The Westfield Recreation Department sponsors a weekly bowling program for boys and girls between the ages of 5 & 14. Each program includes: 2 Games of bowling, Use of rental shoes & lightweight balls, instructional assistance & a trophy awards program.



COST: \$7 each week per person -payable at the lanes, (\$2/week if absent.)

Sessions are 12 weeks in length & are continuous.

Fall Session begins September 19th & Winter Session on January 9th

- **YOUTH LEAGUE:** (8-14yrs) **MONDAYS** 4:00 pm.
- **SPECIAL BUMPER LEAGUE:** (5- 7yrs) **FRIDAYS** 9:30a or 12:30p starts
- **ADULT/YOUTH LEAGUE:** Held **FRIDAYS** 6:00pm. (4 on a team!)

Parents can bowl with the kids in the bumper league!

Snack Bar is available— it's a Pizza Hut Express! GET OUT AND BOWL!

LOCATION: Linden Lanes-741 North Stiles Street. Phone: (908)925-3550.

LATE REGISTRATIONS WILL BE ACCEPTED AFTER START DATES!

Registration: Register through the Recreation Dept. or Linden Lanes.

Take a break . . . Get out and Bowl! . . . NO Crowds

The Westfield Recreation Department

425 East Broad Street, Westfield, NJ 07090 - Phone: 908-789-4080 - Fax: 908-789-4083

Department Email: recreation@westfieldnj.gov - Department's Website: **www.westfieldnj.gov/recreation**

ONLINE REGISTRATION 24/7 at: **www.https://register.communitypass.net/westfield**

WRD wants you to ... *Be Active, Be Healthy, Be There!*



MUSIC STUDIO – on Mondays!

Fall Session #2: November 14 through December 19

INSTRUCTORS: RMC Studios **LOCATION:** TEEN CENTER

Intro to Rock Instruments - Curious about what instrument is right for your child? Come join RMC Music Studio on this fun journey through the world of instruments. Students will have the opportunity to play and learn on guitar, bass, drums, keys, and vocals, as well as learn the basics of music through instructional games and activities.

For AGES 7 & older. Mondays- 5:00p-5:45p. Fee: \$75

Intro to Guitar - Come join RMC Music Studio and learn to play guitar like your favorite rock and roll hero! This fun and exciting class is centered around chord theory, song study, artist study, melodic embellishments and proper playing technique and posture.

For AGES 10-17. Mondays- 6:00p-6:45p. Fee: \$75

Intro to Piano/Keyboard - A great course for the true beginner or for the musician looking to further unlock the mysteries of music. The keyboard is a great starter instrument, as well as an invaluable tool for understanding the basics of music theory. The grand staff, note reading, chords, and two-hand play will be learned, along with other key musical concepts.

For AGES 10-17. Mondays- 7:00p-7:45p. Fee: \$75



Kiddie On Keys – NEW PROGRAM !

Fall Session #2: November 15 through December 20

Kiddie On Keys A great music primer for young learners, ages 3-6. It teaches children the basics of music through game-play and the intuitive nature of the piano keyboard. **For AGES 3-6 .**

TUESDAYS - Choose: 10:00a-10:45a, **OR** 1:15p-2:00p. **Fee: \$75**

INSTRUCTORS: RMC Music Studios. **LOCATION:** Community Room

Register through Recreation Department. (Spots are LIMITED).



& Westfield Recreation presents ...

NEW... Special Needs Music Program!

This is a ground-breaking program through **RMC Music Studios** developed for children of all types of disabilities from downs syndrome to autism. We are looking for interested families from the area to come to an informational night to find about this wonderful program. Please spread the word to anyone you know who would benefit from having music enrich the lives of their loved ones.

Please contact the Westfield Recreation Department if you are interested in this new and exciting program!

Call Traci: 789-4080 or by email: tkastner@westfieldnj.gov.

Look for more Programs & Trips!

Check out our website:

www.westfieldnj.gov/recreation

Find us on FaceBook!

Or... Just stop by and visit us!

SCIENCE PROGRAM - SmartyCat Kids



Would your child enjoy activities such as: creating chemical reactions that ooze, fog, erupt, or change color... Exploring physical forces with air rockets, airplane gliders, or a hair-raising static electricity generator...Designing and constructing engineering projects such as model roller coasters, bridges, or skyscrapers...Building robots or RC vehicles, Exploring outer space, Studying live animals...and much more! Then this class is for them! **Fall Session has begun! Sign up for the Winter Session today!**

If you have taken a class before, no worries... we have all new activities & experiments! **Location: Recreation Dept's Community Room.**

Monday Classes: 4:30-5:15p. (Ages 5-8 yrs.) Fee: \$125 (8-weeks: Fee: \$125) Winter Session Dates: **January 23-March 26** (no class 2/13, 2/20)

Friday Classes: 3:30-4:15p (**Pre-K**), **OR** 4:30-5:15p (Grades K-1), **OR** 5:30-6:15p (Grades 2-5). **Fee:** \$155 per child/class.

Winter Session Dates: **January 20 - March 30.** (No class 2/17)

Register at: www.smartycatkids.com or call 732-762-5022

"LITTLE BAKERS" Workshops

Have your child join us for some fun this winter! During our new Little Bakers Classes, your child will have a blast as we explore various techniques of baking, decorating, and making creative & delicious edible treats!

Kids LOVE this class!

Winter Session Dates: Wednesdays, January 25-March 28.

Ages: 5-10. **Class Time:** 4:30-5:15pm. **Fee:** \$155 (10-wks).

(Children are grouped by age during class).



Register online at: www.thecupcakeexperience.com

MANNERATIONS™- Etiquette Workshops

Where manners are serious fun!

Social Etiquette: This program teaches proper etiquette techniques to successfully manage social situations. Children learn through role playing, worksheets and fun games. Ages 5–12. Fee: \$40/date. **Location:** Community Rm. **Dates:** Oct. 27th or Dec. 1st. Or Feb. 2nd.

Dining Program: Learn the etiquette of dining in a fun, interactive and memorable manner. A four course meal is consumed while etiquette instruction is provided. Ages 5–12. Fee: \$55/date. **Dates:** Nov. 11th, or Jan. 5th. **Community Rm.**

NEW - Mannerations™ Tween/Teen & Young Adult Dining Program.

This one-day course tweens/teens and young adults learn the etiquette of dining in an age-appropriate, fun manner. A four-course meal is consumed and instruction is provided by Patti Manning. Fee: \$55/class. **Location:** Community Rm. **Tweens– 11 to 14yrs.** – January 6, 2012 from 6:30-7:30pm.

Young Adults– 15 to 24 yrs.– January 20, 2012 from 6:30-7:30pm.

Registration Info: Please register through the Recreation Dept.

REC-N'-MOTION Programs

Mommy/Daddy Karate: Family Karate class for child 4-8 yrs & parent. Saturdays 10:30-11:30a (Sept. 24-Nov. 12). A true unique bonding experience!

Fencing for Youth -A beginner course on the French fencing blade. Equipment is provided. Thursdays 7:00-8:00p. (Sept. 22-Nov. 12)

Cardio Kick-Boxing -Teens & Adults. Great workout, great music, great fun! Kicking bags are utilized for this class. Work off your stress while getting in shape! Saturdays 9:30-10:30a. (Sept. 24-Nov. 12)

Little Kickers Karate - For the beginning student. Ages 4-9. Learn fundamentals of Karate in a fun format. Wednesdays 4:30-5:30p

Anti Bullying /Karate – Learn self discipline, improve your self confidence, stand up to the bully, learn ways to handle yourself so you don't get "picked." Boys and girls Ages 8-13. Wednesdays 5:30-6:30p.

Sessions are continuous. Look for Rec n' Motion's Winter Session!

REGISTRATION – CLASS LOCATION - & INFORMATION CONTACT:
Karate N' Motion-1006 South Ave., Westfield. Phone: 908-232-6440

Mention the Westfield Recreation Dept. when registering.

WESTFIELD RECREATION DEPARTMENT PROGRAMS 2011

Be Active, Be Healthy... Be READY for those... NO SCHOOL DAYS!

1 - Day Netbursting Soccer Camp

SCHOOLS OUT for Columbus Day...

Monday, October 10th



Players will work on all aspects of shooting from power shots to finishing with style. These techniques will then be put into scrimmage type games designed to promote goal scoring. The camp will also feature goal keeper instruction, where coaching will be given on all aspects of this special position.

Time: 9:00a-12:30p. **Cost:** \$39

**Great Goals & Great Saves...
that's what this camp is all about!**

and...

2 - Day World-Cup Soccer Camp

SCHOOLS OUT...

November 10th & 11th

A world of fun at your feet, this program pushes the fun factor for children aged 5-12. Children will enjoy learning soccer skills from around the world while putting them to the test in fun challenges and games. The day will finish with scrimmages where the emphasis is on the excitement of playing soccer.

Get out of the house!

Time: 9:00a-12:30p - **Cost:** \$75

Registration Information: www.UnitedSoccerAcademy.com
or call (866) 345-BALL for assistance.

Camp Location: Houlihan/Sid Fay Field Complex



SCHOOLS OUT— GET OUT & PLAY!

1/2 DAY OF SCHOOL ... NO SCHOOL ... WHAT TO DO? ... WHAT TO DO?

HIGH-FLYING AVIATION CAMP:

(Held during 1/2 Days of School)



Our High-Flying Aviation Workshop will include action packed indoor/outdoor flight days, taking you to new heights as you let your models take to the skies and see the wonder of flight in action! Each "pilot" will have an aircraft building & learning experience from scratch.

You will take home different hand-built working models, all while learning more about aviation's rich science and history.

Campers will learn to read plans, use metric rulers, work with different hobby tools, and make simple calculations in a fun, engaging, hands-on atmosphere.

For **Grades K-8**. Location: **Community Room**. Fee: \$105

Dates: November 7, 8 & 9. **Time:** 1:00p-4:00p (Community Room).

Register through Recreation Department.

LET'S GET FLYING!

Rec-N-Motion's

School Holiday Vacation Camp!

Fun-filled day with a variety of get up and get moving activities-skills and agility building, games, mixed martial arts, and WII competitions, fencing and more!! Enjoy your lunch with a special movie.

Full Day Program (8:30-4:30p); Half Day Program (8:30-12:00).

DATES: Sept. 29 & 30 OR Oct. 10 OR Nov. 10 & 11 OR December 27-30.

REGISTRATION - CLASS LOCATION - AND INFORMATION:

Karate N Motion-1006 South Ave. Westfield.
Phone: 908-232-6440

Mention the Westfield Rec. Dept. when registering.

JOIN WITH A FRIEND!



Rockin' Mini-Camp

"Rock on" during the Holiday Break with RMC Studios!

Tuesday, December 27th thru Friday, December 30th

Ages: 4-7yrs./ **Time:** 9:00am to 12:00pm / **Location:** Community Room

If your child is looking for a fun and educational activity during winter break, we have the camp for you! RMC's Rockin' Mini Camp is built off our successful Introduction to Rock Instruments course. **The camp will introduce students to the drums, electric guitar, bass guitar, keyboards and vocals all in a fun and rock and roll based environment.** Musical games and arts & crafts are used to enforce musical terms and concepts and plenty of hands-on learning really allows the students the time to find the instrument which most inspires them.

Register through the Recreation Department.

We hope you will join us!!!!



SENIOR FRIDAYS!

Westfield Resident Seniors and their friends are invited for a series of afternoon programs at the **Newark Museum** that include musical performances, film screenings, gallery talks, art making and scientific inquiries. **Register now for all upcoming trips!**

October 14:

Science & Art: Planetarium show, Seven Wonders, followed by a conversation with Museum Astronomer, Kevin Conod

This planetarium show will turn back the pages of time as we witness the Seven Wonders of the Ancient World and examine Seven Wonders of the Universe: from the spectacular Orion nebula to the gargantuan black hole at the heart of the galaxy M87. Glimpse some of the universe's greatest wonders.

November 11: Art: Journey to Tibet

Enjoy an interactive tour of the Museum's renowned Tibetan Collection, see a screening of rare film footage from the 1930's and then create a mani wheel to spread goodwill and blessings to all.

December 9:

Christmas in the Ballantine House: Feasting with Family & Friends

The Holidays are traditionally marked by celebrations involving food, gift giving and the making of memories. Bring a favorite holiday recipe (handwritten or typed) and we will turn it into a memorable gift for a loved one. Enjoy seasonal refreshments and special tours of the exhibition, *Feasting with Family & Friends*.

NEWARK MUSEUM TRIP REGISTRATION INFO:

Please bring a bagged lunch. The Museum Café is available for drinks if needed. Fee: \$37 per Date. Register early! (Shows are 1:00-4:00PM). **(Checks or Exact Cash is required upon registration).**

Bus/Van **Departs** from Municipal Building at **11:30AM** & will **Return** approximately **4:30PM**. Register through the Recreation Department.



NYC - NIGHT LIGHT TOURS

Join us for a narrated tour to see the holiday lights !

Tuesday, December 6th OR Tuesday, December 13th

The Tour includes the following STOPS ...

Winter Garden Atrium - Walk through & View the BEAUTIFUL Displays
(Across the street from the World Trade Center Site)

See Little Italy's Beautiful Lights & Displays (Visit Ferrara's Bakery!)

Lord & Taylor Holiday window displays.. A tradition for many!

The Skylight Diner for homemade dessert & beverage.

(Beverage & Dessert included with tour package)

This is the last stop before returning home.

The Tour includes the following SIGHTS ...

SoHo & Lower East Side - Gramercy Park

Macy's-Herald Square - Greely Square

Bryant Park - view Chrysler Building

Up "Avenue of the America's"- the beautiful sights & attractions

Holiday Lights @ Tavern on the Green

Travel down 5th Ave & see the World Famous Window Displays

Christmas Tree at Lincoln Center Plaza - Unicef Crystal Snow Flake

Drive by Rockefeller Center - NY City's giant Christmas Tree

Over 26,000 lights!

The BUS **DEPARTS** from the Municipal Building located at 425 East Broad Street at 5:00pm & returns approx 10:30pm. Parking is available in Municipal Lot.

We strongly encourage eating an early dinner... or bring a bagged meal for the bus ride! **Cost: \$45 per tour date.**

Register through Recreation Dept.

Tai Chi for Life

Be Active, Be Healthy, Be fit for life!



Tai Chi is a form of traditional Chinese mind/body exercise and meditation that uses slow sets of body movements and controlled breathing. Tai Chi is done to improve balance, flexibility, muscle strength and overall health. Exercise at your own pace in a non-competitive atmosphere.

Fee: \$40/session. Instructor, Barry Galitzer

All levels welcome. Miss the first class? No worries... we pro-rate!

Held Mondays 7:00-8:00pm in the Municipal Building Community Rm

Session Dates: (Dates are tentative & sessions are continuous.)

Session #4 – September 12-November 7 (No class Oct. 10).

Session #5 – November 14-January 23 (No class Dec. 26, Jan 2, Jan 16).

Register through the Recreation Department.

Chair Yoga – Coming Soon

Be Active, Be Healthy, Be fit for life!

Chair Yoga is a unique yoga style that adapts yoga positions and poses through creative use of a yoga chair. The chair replaces the yoga mat and becomes an extension of the body. The student is able to warm up the body safely and perform yoga poses with more support and stability. Poses are done seated on the chair or the chair is used for support during standing poses, forward and backward bends, side extensions, balancing, and leg and arm stretches. Chair Yoga is suitable for all ages, fitness levels and physical conditions. **Please call the Recreation Office if interested in this program.**



GOLF CLINICS – Ladies Only!

Clinics are held **TUESDAYS**. (4-Spots available)

Times: Choose from 10:00-11:00a, OR 11:00a-12:00p.

SESSION #2: October 11, 18, 25, (Nov. 1 -rain date). Fee: \$100.

Clinic Location: Scotch Hills Country Club, 820 Jerusalem Rd., Scotch Plains.

Equipment: Bring clubs if you have them– if not they will be provided.



Register through the Recreation Department.

HOLIDAY CONCERT



WEDNESDAY-DECEMBER 14th

7:00PM - 9:00PM

Edison Intermediate School

Featuring...

The Westfield Community Concert Band

And The

**Edison Intermediate School
Broadway Singers**



Music of the season will be performed as we ring in the holidays.

All residents are encouraged to come out and join in the holiday spirit!

Free Admission